

Student Name _____ PS #: _____

BA in Family and Consumer Sciences Family Science Emphasis

This major was designed to meet the academic qualifications to become a provisional Certified Family Life Educator (certified by the National Council on Family Relations).

A. Families and Society

Required:

- ✓ CFS 31 – Family in America¹
- ✓ CFS 134 – Multicultural Perspectives on Children and Families

B. Internal Dynamics of Families

Required:

- ✓ CFS 131 – Family Relations

Choose One:

- CFS 133S – Child and Family Crisis
- CFS 143 – Children at Risk

C. Human Growth and Development

Required:

- ✓ CFS 38 – Lifespan Development

Choose Two:

- CFS 39 – Intro to Child and Adolescent Development¹
- CFS 136 – Adolescent Development
- CFS 137 – Infant and Toddler Development
- CFS 142 – Adulthood
- CFS 146 – Middle Childhood

D. Human Sexuality

Choose One:

- HS 91 – Introduction to Human Sexuality
- HS 126 – Female Sexuality
- Psych 132 – Psychology of Sexuality

E. Interpersonal Relations

Required:

- ✓ CFS 32 – Intimacy

Choose One:

- Couns 174 – Introduction to Counseling²
- Psych 175 – Family Counseling

F. Family Resource Management

Choose One:

- CSH 113 – Economics for Consumers
- CSH 115 – Family Finance
- CSH 117 – Resource Management of Aging

G. Parent Education

Required:

- ✓ CFS 135 - Parenting

H. Family, Law and Public Policy

Choose One:

- Coun 150 – Laws Relating to Children
- CSH 118 – Consumer and Family Law
- GERON 140 – Aging in America: Politics and Change

I. Ethics

Required:

- ✓ Phil 122 – Introduction to Professional Ethics

J. Family Life Education Methods

Choose One:

- CSH 114 – Child, Family, & Consumer Sciences Practicum
- FCS 193 – Cooperative Education

K. Research Foundations

Choose One:

- Psych 153 – Developmental Research and Inquiry for Practitioners
- ERA 153 – Educational Statistics

¹ GE courses cannot count in the major AND meet GE requirements

² Prereq for Marriage and Family Therapy (MFT) program

Major (A-K)	48
General Education	51
Electives	21
Total	120 units

Bachelor of Arts Degree
Family and Consumer Sciences
Family Science Emphasis

The Family Science Emphasis provides an academic and professional background for work with children, adults, couples, and families. It offers an interdisciplinary foundation in several areas that influence and enhance the quality of life of children, adults, couples, and families based on education, enrichment, and prevention. Fieldwork opportunities where students have direct experiences with individuals and families in the community are an integral part of the coursework.

Emphasis Preparation

The emphasis prepares students for careers in various human services fields and was developed to correspond with the suggested content areas outlined by the National Council on Family Relations (NCFR). NCFR is the leading national organization for professionals concerned with promoting and enhancing the quality of family life through education, prevention, and enrichment.

NCFR Substance Areas

The NCFR Substance Areas included in the Family Science Emphasis:

Families in Society	Interpersonal relationships
Internal Dynamics of Families	Parent Education & Guidance
Human Growth & Development	Human Sexuality
Family Law & Public Policy	Ethics
Family Resource Management	Family Life Education

Professional and Career Opportunities

Certified Family Life Educator
Parent educator
Family life educator in private, non-profit, government, or business setting
Coordinator for public policy issues affecting children and families
Research facilitator for projects focusing on children, adolescents, and families
Supervisor of curriculum & resource development in family life education
Bereavement counselor
Consultant to work with military families
Working in a ministry setting

Foundation for Further Education and Professional Training

Many graduates utilize the Family Science emphasis as a foundation for further education and training after graduation.

Child and Family Science
Marriage, Family, and Child Therapist
Masters in Social Work
Clinical Psychologist
Masters in Public and Non-Profit Administration